



EXPLORING NEW DIMENSIONS IN MOOD REGULATION

SCIENTIFIC PROGRAMME

2-3 OCTOBER 2026 | MonAsty Hotel (Meeting Room)
THESSALONIKI



3rd DEPARTMENT OF
PSYCHIATRY
ARISTOTLE UNIVERSITY
OF THESSALONIKI
GREECE



FRIDAY, 2 OCTOBER 2026		
TIME	SESSION / TOPIC	FACULTY
13:00-14:00	Advances in Major Depressive Disorder	Moderator: Prof. Dr. Oğuz Karamustafaloğlu Speaker: Prof. Dr. Kostas N. Fountoulakis
14:00-14:30	COFFEE BREAK	
14:30-15:30	Effect of Antidepressant Switching vs Augmentation on Remission Among Patients With Major Depressive Disorder Unresponsive to Antidepressant Treatment	Moderator: Prof. Dr. Kostas N. Fountoulakis Speaker: Prof. Dr. Oğuz Karamustafaloğlu
15:30-16:00	COFFEE BREAK	
16:00-17:00	The Relationship Between Suicide Risk and Depression: Implications for Treatment	Moderator: Prof. Dr. Oğuz Karamustafaloğlu Speaker: Prof. Dr. Kostas N. Fountoulakis
17:00-17:30	General Discussion	

SATURDAY, 3 OCTOBER 2026		
TIME	SESSION / TOPIC	FACULTY
09:30-10:30	The Pharmacological Management of Treatment-Resistant Depression: What Does the Future Hold	Moderator: Prof. Dr. Kostas N. Fountoulakis Speaker: Prof. Dr. Oğuz Karamustafaloğlu
10:30-11:00	COFFEE BREAK	
11:00-12:00	Differential Diagnosis and Treatment of Depression with Psychotic Features	Moderator: Prof. Dr. Oğuz Karamustafaloğlu Speaker: Prof. Dr. Kostas N. Fountoulakis
12:00-13:00	LUNCH	
13:00-14:00	The Pharmacological Management of Bipolar & Unipolar Depression – Treatment of Bipolar Depression	Moderator: Prof. Dr. Kostas N. Fountoulakis Speaker: Prof. Dr. Oğuz Karamustafaloğlu
14:00-14:30	COFFEE BREAK	
14:30-15:30	Resistance to Change from a Psychological Perspective	Moderator: Prof. Dr. Oğuz Karamustafaloğlu Speaker: Prof. Dr. Kostas N. Fountoulakis
15:30-16:00	COFFEE BREAK	
16:00-17:00	Antipsychotic & Antidepressant Combination in Bipolar Depression Discussion and concluding remarks	Moderator: Prof. Dr. Kostas N. Fountoulakis Speaker: Prof. Dr. Oğuz Karamustafaloğlu

